



## **HONG KONG SOCIETY OF NEPHROLOGY LTD**

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Dr. Lui Sing Leung  
Dr. Tsang Wai Kay  
Dr. Wong Kim Ming, Francis  
Dr. Lo Wai Kei (Ex-officio)  
Dr. Chau Ka Foon (co-opt)  
Dr. John Fenn (co-opt)  
Dr. Ho Kai Leung, Kelvin (co-opt)  
Dr. Tong Kwok Lung (co-opt)

## **Chairman's Report**

**November 2002 – October 2003**

In the year 2002 to 2003, our Society continues to aim to:

1. Advance academic nephrology in Hong Kong and to establish a prestige of Hong Kong nephrology in the international renal arena
2. Promote patient activities to improve patient rehabilitation and care
3. Enhance the link of the Society with other nephrologists in China, Asia Pacific region and other parts of the world

However, SARS affected the whole of Hong Kong and some of the work plans of the Society had to change as a result. Even then, the Society has accomplished a lot of the targets and programmes for members and the renal patients.

### **I. Academic Aspects**

This year's academic aspects of the Society cover the following:

#### **1. Hong Kong Society of Nephrology Research Grant**

Owing to the SARS epidemic, the deadline of the application was postponed to end of July. There were totally 9 applications (5 clinical, 4 basic science). There was no nursing submission this year, probably because of the SARS attack. The reviewers were: Prof. Peter Mathieson (Bristol, UK), Dr. Bengt Lindholm (Stockholm, Sweden), Dr. Alex Yu (AHNH) and Dr. Francis Wong (QEH).

The awardees were:

Chow Kai Ming	Basic Science	PWH	Transforming Growth Factor-Beta 1 Gene Polymorphism in Renal Transplant Recipients
Szeto Cheuk Chun	Basic Science	PWH	Quantification of Cytokine Messenger RNA Expression in Peritoneal Dialysis Effluent - A Non-Invasive Indication of Peritoneal Transport?
Tang Chi Wai Sydney	Basic Science	UCH	Regulation of albumin-induced chemokine expression in human proximal tubular epithelial cells by angiotensin antagonists and HMG-CoA reductase inhibitors
Tang Wing Chung Anthony	Clinical	UCH	Double blinded randomized control trial on the use of preoperative Cefazolin versus placebo for permanent peritoneal access catheter insertion in the prevention of peritoneal dialysis catheter related peritonitis and exit site infection
Wang Yee Moon Angela	Clinical	PWH	A Prospective Randomized Controlled Study to Examine the Effects of Recombinant Human Erythropoietin on Cardiac Hypertrophy and Subclinical Atherosclerosis in Pre-Dialysis Chronic Renal Failure Patients

Dr. Angela Wang was awarded the Hong Kong Kidney Foundation Research Grant simultaneously.

## 2. Scientific Meetings:

- 23 Feb 2003 Vascular Access for Haemodialysis Symposium  
Speakers included Prof. W Kirt Nichols, Dr. Klaus Konner and Dr. Philip Kwok while Dr. CH Leong had a live demonstration of Arteriovenous Fistula Creation  
(Jointly organised with Central Renal Committee of Hospital Authority, Chinese University of Hong Kong and HK Kidney Foundation with about 340 participants attended.)
- 14 Mar 2003 Workshop on Immunosuppressants for Practicing Transplant Nephrologists with 2 lectures by:  
Dr. David A. Gerber (USA) and Dr. Francis K. M. Wong
- 9 Oct 2003 Workshop on Exit Site Classification and Management with 3 lectures by

Dr. KL Tong, Ms Nicole Ying and Ms Vanessa G Foster  
(166 participants attended)

[A Hemodialyser Seminar scheduled in April 2003 was canceled because of SARS]

### **3. Inter-hospital Renal Meetings**

The inter-hospital renal meeting continues to be a very important platform and a regular educational activity to share clinical experiences among our members. It regularly covers the most recent development in clinical nephrology with intense discussion. It is held on Wednesday once or twice per month, subject to the proximity and frequency of other activities. There are usually two presentations in each meeting and are generally given by nephrology residents under the supervision of renal specialist. Because of the SARS outbreak, the meetings were suspended from March to June but it was resumed on 16 July.

### **4. Hong Kong Journal of Nephrology**

The Hong Kong Journal of Nephrology is entering its 6<sup>th</sup> year of publication and is currently indexed in EMBASE (<http://www.embase.com>). The Journal has faced difficulties in the past one year. Due to a change in her international policy, Lippincott Williams & Wilkins ceased to be the publisher of the Journal after the April 2003 issue. The publication of which was also delayed as a result of the SARS crisis. From the October 2003 issue, Excerpta Medica (Elsevier) will publish the Journal for the Hong Kong Society of Nephrology.

Submission of articles locally also decreased dramatically during the SARS period. To encourage paper submission and facilitate rapid review of manuscript, we began to accept electronic submission of manuscript to the Journal's email address [hkjn@hkjn.org](mailto:hkjn@hkjn.org) from July 2003.

In the four issues between 2002 and 2003, the Journal has published 48 articles, including 16 original articles. During this period, the Journal has enjoyed an increasing contribution from mainland China as well as other Asian-Pacific countries. Of the 48 articles published in this period, sixteen articles were submitted by overseas contributors. Following the successful international conference held in Hong Kong, there is an increase in regional and international recognition of the clinical and academic nephrology of Hong Kong. We are cautiously optimistic in promoting the Journal and soliciting manuscripts from mainland China and other Asian countries.

Founding Editor: Dr. Li Kam-tao, Philip  
Chief Editor: Dr. Yu Wai-yin, Alex

Deputy Editor: Dr. Szeto Cheuk-Chun  
Assistant Editors: Dr. Lui Sing-leung  
Dr. Mak Siu-ka  
Dr. Sydney Tang  
Dr. Tsang Wai-kay  
Dr. Wong Kim-ming, Francis

**5. Nephrology Journal**

The Society continues to be one of the sponsoring societies of the Nephrology Journal, the official journal of the Asian Pacific Society of Nephrology. We have subscribed the journal and distribute it to all members for free.

**6. Young Nephrology Investigator Scholarship**

We have granted the scholarship to four members [2 doctors: Lo Hok King (PYNEH) and Chow Kai Ming (PWH) and 2 nurses: Li So Ching (QEH) Lo Hoi Ling (TMH)] to present their research work in international nephrology meetings.

**7. Sponsoring members to attend overseas conference**

The Council views that attending overseas academic meetings is important to update members' knowledge in nephrology. The Council has been continually supporting members to attend overseas nephrology meetings.

**8. The Hong Kong Renal Nursing Courses**

The 1st Renal Nursing Course jointly organized by Hong Kong Society of Nephrology, Institute of Advanced Nursing Studies, Hospital Authority and Hong Kong Kidney Foundation started in September 2002. The 2nd and 3rd modules of the course were delayed due to SARS. The course is expected to complete by the end of November 2003. In total, 52 nursing colleagues, from both the Hospital Authority and private hospitals were enrolled. The Society would like to thank all the speakers who gave the lectures and the dialysis centers offering practicum training to the trainees as well as Drs. K.F. Chau, Francis Wong, CB Leung and all the nurse representatives for the hard work in organizing the course.

**9. Annual Scientific Meeting**

The Annual Scientific Meeting will be held on the morning of Oct 26, 2003 (Sunday) and this Scientific Meeting will focus on Hemodialysis. There will be 4 speakers: Dr. Andreas Pierratos (Canada), Dr. Nick Hoenich (UK), Dr. Alex Yu and Dr. Tang Hon Lok. The Annual General Meeting will follow.

## **II. Patient Related Activities**

The council has continued on promoting patients' rehabilitation with better treatment outcome.

### **1. Book with articles on renal diseases by renal patients, relatives and professionals 心靈透析**

A compilation of writings from renal patients, doctors, nurses and paramedical staffs was published last year. Following a formal book launching ceremony on 11th October 2002, the book 心靈透析 was distributed free of charge to various renal centers both in the public and private sectors. A total of 10000 copies were printed. The book was well received by readers, most have found the stories extremely touching and inspiring. It was also on sale in many prominent local bookstores with several hundred copies sold out. The book was also donated to various institutes, schools, libraries and local organization. Citizens can now borrow the book from most of the LCSD libraries in Hong Kong.

### **2. Mai Po visit for renal patients (米埔腎友同樂日)**

Visit to Mai Po Nature Reserve by renal patients was organized by the Society in collaboration with the World Wide Fund for Nature Hong Kong on the 17th November 2002. About 720 renal patients, their relatives and staffs from various renal centers joined the function. They were divided into teams of 30 persons to enter the Reserve. The weather was superb, the program rundown was smooth and all participants unanimously agreed that the function was extremely enjoyable, relaxing and educational. This function also helped to promote their awareness of the importance of environmental conservation. As a result of this function, the Society also helped to raise fund for the World Wide Fund for Nature Hong Kong and has become one of their Panda Partner in the promotion of environmental conservation.

### **3. Gateball Competition**

The 5th Renal Patients Gateball Competition was originally scheduled to be held in Kowloon Park Indoor Sports Ground on June 29, 2003. However, because of the outbreak of the SARS epidemics, the Council resolved to cancel this year's event. We will see if this popular tournament can be put up again next year for our renal patients.

### **4. 7th Hong Kong Renal Patients Sports Day, December 14, 2003**

The Seventh Hong Kong Renal Patients Sports Day, jointly organized with Lions Kidney Educational Centre and the Community Rehabilitation Network, will be conducted on 14 December 2003 at Tai Po Sports Ground. Dr. Tsang Wai-kay

and Cheng Yuk-lun will be the coordinators. Dr. CH Leong will be the Officiating Guest and Ms Li Fai will be the Guest of Honour.

**5. Automated Peritoneal Dialysis program**

The Society is responsible for recommendation of allocation of the existing 20 machines from the Hong Kong Kidney Trust Fund.

**III. Relation with Our Mainland Nephrologists**

The relationship with nephrologists in Mainland China and the Chinese Society of Nephrology is continually strengthening.

**1. Symposium on Integrated Dialysis Therapy, Taipei, Taiwan Mar 21-23, 2003**

The Chairman was invited to attend this Symposium organized by the Chinese Society of Nephrology in Taipei to give a lecture. It also provided the opportunity for the Chairmen of Chinese Society of Nephrology (Dr. YP Chen), Taiwan Society of Nephrology (Dr. WC Yang) and Hong Kong Society of Nephrology to have exchange. Plans were discussed to have more interactions among the 3 Societies in future.

**2. Inaugural Meeting of Macau Society of Nephrology, Macau, Sept 13-14, 2003**

The Chairman was invited to attend the Inauguration Ceremony and Scientific Meeting of the Macau Society of Nephrology on Sept 13-14, 2003. Dr UI Kuok is their founding Chairman. The Ceremony was attended by Dr. SY Lin and Dr. HY Wang, the 2 past Chairpersons of Chinese Society of Nephrology.

**3. Annual Meeting of Chinese Society of Nephrology, Chengdu, Oct 17-20, 2003**

This year the annual meeting of the Chinese Society of Nephrology was held in Chengdu. Our Society has led a delegation of Council members to attend this 4-day congress to have more interchange as well as the maintenance of good relationship with their Society. Our Council received warm hospitality by the Chinese Society. The chairman was also invited to give a lecture. This meeting had about 1,300 delegates.

**4. Visiting Fellowship for Nephrologists in China**

This Fellowship was established in December 2001 with the aim of enabling nephrologists in the Mainland of China to come to Hong Kong to do academic attachment in one of our major Renal Centers. The Society has invited the Chinese Society of Nephrology to nominate suitable candidates for the Fellowship. Up till now, we have not received any applications for the Fellowship.

## **IV. Public Events**

### **1. Public Education**

Education to the public is always our main interest. On behalf of Hong Kong Society of Nephrology, Dr TH Kwan and Dr William Lee had delivered a LKEC public lecture on 8th June 2003. The main theme of the lecture concerned the prevention of renal failure in patients with diabetes mellitus and it was well received by all participants.

### **2. Kidney Health Programme**

A Public Kidney Health Programme is now planned and in progress. A Screening of Hong Kong Asymptomatic Renal population and Evaluation (SHARE) programme will start in Nov. 2003. This community wide chronic kidney disease-screening program will involve health talk and free health screening for residents in some of the housing estates in Hong Kong. The screening will be in the form of questionnaires, BP taking and urine testing. Any significant findings will be conveyed to the participants in form of a written report. Results of this community based screening will be analyzed, published and disseminated to the public. The other facets of the programme will include lectures to general practitioners and family physicians about Prevention of kidney diseases as well as public lectures for the community. The highlight of this programme will coincide with the ISN Prevention of Progression of Renal Disease next year.

## **V. International Involvement**

The Society is very active in involving internationally in both the Society level and at the members' personal level. We should contribute to the nephrology community particularly to the less well-developed countries.

### **1. The First Asian Chapter Meeting, ISPD, 13-15 December 2002**

The meeting was successfully held with lots of good comments. The meeting was very impressive in terms of the scientific program, social program, organization and atmosphere. Its success has paved for our successful bidding of the ISPD Congress 2006.

Number of abstracts submitted:        261 from 34 countries/regions

Number of registrants: 1053 from 40 countries / regions  
(902, 85% come from Asia)

	Local	Overseas	Total
Doctors	94	455	549
Nurses/ Others	276	228	504
Total	370	783	1053

Proceedings of the meeting will be published and is expected to be available in late November 2003.

Presentation slides of the consented speakers are available for viewing at the website 'www.acm-ispd.org' till June 2004.

A substantial surplus is anticipated, largely because of the much better than expected registration. 50% of which will be returned to the ISPD after the account is audited.

## 2. **Members' involvement in international nephrology communities**

There are several active members involved in various positions in different international nephrology communities. Their involvement would bring Hong Kong more prominently into the international nephrology arena. The Society encourages more members to be involved with various international nephrology organizations in the future to enhance the influence of Hong Kong.

### Asian Pacific Society of Nephrology (APSN)

Councilor Emeritus	Ignatius Kum-Po Cheng
Treasurer	Tak-Mao Chan
Council Member	Philip Kam-Tao Li

### Asian Society of Transplantation

Treasurer	Tak-Mao Chan
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### International Society for Peritoneal Dialysis (ISPD)

Council Member	Wai-Kei Lo
Nominating Committee Member	Philip Kam-Tao Li

### International Society of Nephrology (ISN)

COMGAN Committee for East Asia	Philip Kam-Tao Li
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### American Journal of Kidney Diseases

Associate Editor	Philip Kam-Tao Li
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### Kidney International

Editorial Board	Kar-Neng Lai
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## Nephrology

Deputy Editor  
Managing Editor  
Editorial Board

Philip Kam-Tao Li  
Kar-Neng Lai  
Ignatius Kum-Po Cheng

## Peritoneal Dialysis International Editorial Board

Ignatius Kum-Po Cheng  
Philip Kam-Tao Li  
Wai-Kei Lo

### **3. Bidding for ISPD 2006**

The Council is pleased to report the successful bidding of the ISPD 2006 in Hong Kong. This will be held from August 24-28, 2006 in HK Convention and Exhibition Centre. Dr. Philip Li is the President of the Local Organizing Committee. Dr. WK Lo is the Convener of the bidding committee with Dr. Alex Yu and Dr. Andrew Wong as members. Preparatory work will be started in 2004 for this largest international nephrology meeting ever held in Hong Kong.

### **4. International Society of Nephrology (ISN) 2004 Meeting on “Prevention of Progression of Renal Disease”**

This meeting, originally scheduled in Feb 2004, was postponed to June 29-July 1, 2004 because of SARS. It will be a 3-day meeting which will include the clinical, research and health economics of renal failure especially related to this region. Dr. Philip Li is the President of the Local Organizing Committee and Prof. KN Lai is the Scientific Chair. The Scientific Programme was well planned with all speakers agreeable to come to Hong Kong. The 2<sup>nd</sup> Announcement was published and sent to various countries for promotion.

## **VI. Membership**

By 17 September 2003, there are 144 members and 521 associate members.

## **VII. Society Home Page**

The website of the Hong Kong Society of Nephrology provides a platform for promulgating information related to the Society. It is maintained by Medcom and was incorporated under the website of the Federation of Medical Societies of Hong Kong. All updated information of the society can be obtained from the site and relevant forms may be downloaded directly. Photographs of the Society activities have also been posted since September 2003. Please visit our website at <http://www.fmshk.com.hk/hksnephrol>

## VIII. The Council

The success of the Society with its wide range of activities lies heavily on the dedicated work of the whole council. The Society would like to thank all council members for their commitment and diligent work to accomplish the task of the Society. Their responsibilities are:

Dr. Alex Yu	Hon. Secretary Chief Editor, Hong Kong Journal of Nephrology
Dr. Andrew Wong	Hon. Treasurer
Dr. Lo Wai-Kei	Hong Kong Society of Nephrology Research Grant
Dr. Kwan Tze-Hoi	Public Education and Affairs Table Tennis Competition Mai Po visit for renal patients (米埔腎友同樂日) Book with essays on kidney diseases (心靈透析)
Dr. Chau Ka-Foon	Nurse Education Representative to HK Kidney Foundation
Dr. Li Fu Keung	Inter-hospital Renal Meeting, CME activities Society Home Page Gateball Competition
Dr. Tsang Wai Kay	Membership Affairs: registration Gateball Competition Assistant Editor, Hong Kong Journal of Nephrology Sports Day
Dr. Francis Wong	Membership affairs: sponsorship and scholarship Representative to Hong Kong Federation of Medical Societies Assistant Editor, Hong Kong Journal of Nephrology Nurse Education
Dr. Leung Chi Bon	APD program Nurse Education Public Education
Dr. Lui Sing Leung	Public Education Gateball Competition Table Tennis Competition Assistant Editor, Hong Kong Journal of Nephrology

The Society would also like to express the sincere gratitude to our other co-opted Council members Dr. KL Tong, Dr. John Fenn and Dr. Kelvin Ho for their valuable opinions and work, and all the Honorary Advisors for their contribution. Last but not least, our Society is indebted to the support of all the activities by both our Full and Associate Members.

A handwritten signature in blue ink, appearing to read 'P. Kam-Tao Li'.

Dr. Philip Kam-Tao Li  
Chairman

24<sup>th</sup> October 2003