

# HONG KONG RENAL NUTRITION WORKSHOP AND FORUM 2014



## Renal Nutrition Workshop

**Saturday 16 August 2014, 9.30 am – 1.00 pm**

Lecture Theatre, G/F, M Block, Queen Elizabeth Hospital

## Renal Nutrition Forum I

**Saturday 16 August 2014, 2.00 pm – 6.00 pm**

Lecture Theatre, G/F, M Block, Queen Elizabeth Hospital

## Renal Nutrition Forum II

**Sunday 17 August 2014, 9 am – 4 pm**

Junior Ballroom, Royal Plaza Hotel, Kowloon

### Organisers

Hong Kong Kidney Foundation



Hong Kong Society of Nephrology



### Supporting organisations



### Co-Sponsor



### Key Sponsor



### Event sponsors



**Professor Joel D. Kopple, M.D.**

Professor of Medicine and Public Health at the David Geffen School of Medicine at UCLA and the UCLA Fielding School of Public Health

Past-President of the US National Kidney Foundation Past-President of the International Society for Renal Nutrition and Metabolism

**Visiting Professor, Hong Kong Kidney Foundation 2014**



<http://goo.gl/2YgLQi>

**Professor T. Alp Ikizler, M.D., PhD**

Professor of Renal Medicine, Catherine McLaughlin Hakim Chair in Vascular Biology, Vanderbilt University School of Medicine in Nashville, Tennessee

Past President of the International Society of Renal Nutrition and Metabolism



<http://goo.gl/1Zk0vH>

**Dr. Maria Chan**

*BSc(Hons), MNutDiet, GradDipExSpSc, AdvAPD*

Clinical Lead - Senior Renal Dietitian, The St. George Hospital, SESLHD

Conjoint Associate Lecturer - St. George Clinical School, School of Medicine, UNSW;

Honorary Senior Fellow - Faculty of Science, Medicine and Health, University of Wollongong



<http://goo.gl/Cvblcu>

**Dr. Lui Siu Fai, M.H., J.P.**

MBChB (Manchester, UK), FRCP (Edin, Glasg, Lond), FHKCP, FHKAM (Medicine)

Chairman, Hong Kong Kidney Foundation

Clinical Professional Consultant, JC School of Public Health, Chinese University of Hong Kong.



<http://goo.gl/EIWrgK>

**Dr. Samuel Fung**

MBBS, FRCP (Edin,Irel), FHKCP, FHKAM (Medicine)

Chairman, Hong Kong Society of Nephrology

Chief of Nephrology, Consultant Nephrology & Physician of the Department of Medicine and Geriatrics, Hong Kong Jockey Club Nephrology & Urology Centre, Princess of Margaret Hospital, Hospital Authority, Hong Kong.

Hon. Ass Profession, Chinese University of Hong Kong



<http://goo.gl/OzA1yT>

**Dr. Angela Wang**

Associate Consultant, Queen Mary Hospital, Hospital Authority, HKSAR

Hon. Associate Professor, University of Hong Kong

Hon. Secretary, International Society for Renal Nutrition and Metabolism

**Ms. Wendy Ma**

Vice-Chairperson, Hong Kong Dietitians Association, HKSAR.

**Ms. Sandra Lo**

Cluster Coordinator (Dietitics), NTEC, Hospital Authority, HKSAR.

**Ms. Cherry Law**

Dietitian, Pamela Youde Nethersole Eastern Hospital, Hospital Authority, HKSAR.

**Ms. Hazel Choi**








Dietitian, Tuen Mun Hospital, Hospital Authority, HKSAR.

**Ms. Eva Ho**

Nurse Consultant (Renal Care), HKEC, Hospital Authority, HKSAR





# Renal Dietitian Workshop





Saturday 16 August 2014 9:30 – 13:00

9.30 – 9.35	Welcome & Introduction		Dr. Lui Siu Fai Dr. Samuel Fung
	<b>Renal Nutrition</b>		<b>Panel chairs:</b> Prof. Sydney Tang Ms. Sandra Lo
9:35 – 10:15	Medication and nutrient interactions <a href="http://goo.gl/Zia8VK">http://goo.gl/Zia8VK</a> <a href="http://goo.gl/ryi88h">http://goo.gl/ryi88h</a>	 	Dr. Samuel Fung Prof. Joel Kopple
10:15 – 10:45	Application of Protein Equivalent of Nitrogen Appearance in Nutrition assessment <a href="http://goo.gl/UgQUBZ">http://goo.gl/UgQUBZ</a>		Dr. Maria Chan
10.45 – 11.00	Discussion		
11:00 – 11:15	Tea break		
11:15 – 12:00	Integrated care - model of care for renal nutrition <a href="http://goo.gl/PxSWQE">http://goo.gl/PxSWQE</a> <a href="http://goo.gl/e6rQni">http://goo.gl/e6rQni</a>	 	Prof. T. Alp Ikizler Dr. Maria Chan Ms. Sandra Lo <i>Dr. Samuel Fung(Chair)</i>
12:00 – 12:45	Patients empowerment – enhancing patient compliance <a href="http://goo.gl/Qpdht1">http://goo.gl/Qpdht1</a> <a href="http://goo.gl/r5eIR3">http://goo.gl/r5eIR3</a>	 	Prof. T. Alp Ikizler Ms. Maria Chan Ms. Eva Ho Ms. Wendy Ma <i>Dr. LUI Siu Fai (Chair)</i>
12:45 – 13:00	Discussion		

# Renal Nutrition Forum I





Saturday 16 August 2014 14:00 – 18:00








14.00	Welcome	Dr. LUI Siu Fai Dr. Samuel Fung
<b>Session 1</b>	<b>Renal diet – Essentials &amp; Perspectives</b>	<i>Panel chairs:</i> Dr. CB Leung Ms. Rose Yong
14:05 – 14:25	Introduction to Renal Nutrition <a href="http://goo.gl/03ckl2">http://goo.gl/03ckl2</a>	 Prof. Joel Kopple
14:25 – 15:15	Part 1: Physician's overview (CKD stage 3-5) <a href="http://goo.gl/Gu29dN">http://goo.gl/Gu29dN</a>	 Prof. Joel Kopple
15:15 – 15:40	Part 2: Dietitian's perspectives <a href="http://goo.gl/sL6Qwf">http://goo.gl/sL6Qwf</a>	 Dr. Maria Chan
15:40 – 16:05	Part 3: Renal Diet – Local perspectives <a href="http://goo.gl/1Fq5z7">http://goo.gl/1Fq5z7</a>	 Ms. Cherry Law
16:05 - 16:25	Discussion	
16:25- 16:40	Tea break	

Session 2	Case Study		
16:40 – 17:50	<p>Case 1</p> <p><a href="http://goo.gl/tb1fv0">http://goo.gl/tb1fv0</a></p>  <p>PowerPoint</p> <p><a href="http://goo.gl/bTilWg">http://goo.gl/bTilWg</a></p> 	<p>Case 2</p> <p><a href="http://goo.gl/8WA1co">http://goo.gl/8WA1co</a></p>  <p>PowerPoint</p> <p><a href="http://goo.gl/lusZTK">http://goo.gl/lusZTK</a></p> 	<p>Prof. Alp Ikizler</p> <p>Prof. Joel Kopple</p>
17:50 – 18:00	Discussion		

# Renal Nutrition Forum II

Sunday 17 August 2014 9:00 – 16:00

9:00 – 9:15	<b>Opening ceremony</b> Officiating guest: Professor Sophia Chan JP, Under Secretary for Food and Health, Food and Health Bureau, HKSAR.  Highlight of 腎友食好 D 烹飪大賽 hosted by Hong Kong Kidney Foundation and Hong Kong Society of Nephrology held on 20 July 2014	
<b>Session 1</b>	<b>Nutritional Assessment &amp; Protein-Energy Wasting</b>	<i>Panel chairs</i> Dr. Lui Siu Fai Dr. Samuel Fung
9:15 – 10:15	Protein-Energy Wasting in Chronic Kidney Disease <a href="http://goo.gl/rYB6IF">http://goo.gl/rYB6IF</a>	 Prof. Joel Kopple
10:15 – 10:45	Protein-Energy assessment and monitoring <a href="http://goo.gl/O3uTZa">http://goo.gl/O3uTZa</a>  <a href="http://goo.gl/bcr6Y6">http://goo.gl/bcr6Y6</a>	  Prof. T. Alp Ikizler Dr. Maria Chan
10:45 - 10:55	Discussion	
10:55 - 11:15	<b>Tea Break</b>	
<b>Session 2</b>	<b>Nutritional Management of Chronic Kidney Disease</b>	<i>Panel chairs</i> Dr. Li Chun Sang Ms. Wendy Ma
11:15 – 11:50	Nutritional Management of patient with Chronic Kidney Disease and patients on Renal Replacement Therapy  Part 1: Protein, calories, acidemia <a href="http://goo.gl/ReQZIk">http://goo.gl/ReQZIk</a>	 Prof. Joel Kopple
11:50 – 12:20	Part 2: Sodium, Potassium, Calcium, Phosphate, Vitamins <a href="http://goo.gl/6qFULN">http://goo.gl/6qFULN</a>	

12:20 – 12:50	<p>Nutritional Management of Patient of Chronic Kidney Disease with Diabetes</p> <p><a href="http://goo.gl/HSoG9K">http://goo.gl/HSoG9K</a></p> <p><a href="http://goo.gl/SX6vGS">http://goo.gl/SX6vGS</a></p>	 	<p>Prof. T. Alp Ikizler Dr. Maria Chan</p>
12:50 – 13:00	Discussion		
13:00 – 14:00	<b>Lunch (Buffet at La Scala)</b>		
<b>Session 3</b>	<b>Nutritional Management of Protein-Energy Wasting and patients empowerment</b>	<p><i>Panel chairs</i> Dr. KS Choi Ms. Sandra Shing</p>	
14:00 – 15:15	<p>Prevention and management of Protein-Energy Wasting ISRNM consensus statement</p> <p><a href="http://goo.gl/vl4ZpN">http://goo.gl/vl4ZpN</a></p> <p><a href="http://goo.gl/clggFb">http://goo.gl/clggFb</a></p>	 	<p>Prof T. Alp Ikizler Ms. Hazel Choi Dr. Angela Wang</p>
15:15– 15:45	<p>Patients empowerment – enhancing patient compliance</p> <p><a href="http://goo.gl/2SNFRN">http://goo.gl/2SNFRN</a></p> <p><a href="http://goo.gl/WA7AQO">http://goo.gl/WA7AQO</a></p> <p><a href="http://goo.gl/SJu7Ct">http://goo.gl/SJu7Ct</a></p>	  	<p>Dr Lui Siu Fai Prof. T. Alp Ikizler</p>
15:45 – 16:00	Discussion & concluding remark		

MCs: Dr. KS Choi, Ms. Sandra Shing



Tools			
<b>QR code scanner</b>		Real time voting: <b>uReply</b> (by CUHK)	
Download <b>QR Reader</b> from Apple App, Android: Goggle Play Samsung: Market Place		Download apps <b>uReply</b> or scan this 2D barcode  <a href="http://ureply.mobi">http://ureply.mobi</a>	
Reference / Information			
Prevention and treatment of protein energy wasting in chronic kidney disease patients: a consensus statement by the International Society of Renal Nutrition and Metabolism. Kidney International <b>Alp Ikizler et al.</b>  <a href="http://goo.gl/BpX6BA">http://goo.gl/BpX6BA</a> 		Nutrition, diabetes and chronic kidney disease Australia Diabetes Educator PEER REVIEW <b>Maria Chan</b>  <a href="http://goo.gl/JX1AMt">http://goo.gl/JX1AMt</a> 	Renal Diet Guide 腎病飲食指引 (第二版 1997) 駱玉鳳營,張翠芬營養師  <a href="http://goo.gl/AeUJGj">http://goo.gl/AeUJGj</a> 
Hong Kong Kidney Foundation <a href="http://www.hkkf.org.hk">http://www.hkkf.org.hk</a> 	Hong Kong Society of Nephrology <a href="http://www.hksn.org">http://www.hksn.org</a> 	Hong Kong Association of Renal Nurses <a href="http://hkarn.com/">http://hkarn.com/</a> 	Hong Kong Dietitians Association <a href="https://www.hkda.com.hk">https://www.hkda.com.hk</a> 
<b>FMC</b> <a href="http://goo.gl/nFm7PF">http://goo.gl/nFm7PF</a> 	<b>Abbott Nutrition</b> <a href="http://goo.gl/WHFxsB">http://goo.gl/WHFxsB</a> 	<b>Nestle</b> <a href="http://goo.gl/hKiohQ">http://goo.gl/hKiohQ</a> 	<b>Sanofi</b> <a href="http://goo.gl/zW6sL2">http://goo.gl/zW6sL2</a> 